Principle of orthopedic implants



Present:

Mr. M. Bahrami

Compiler:

MS.L.Taheri

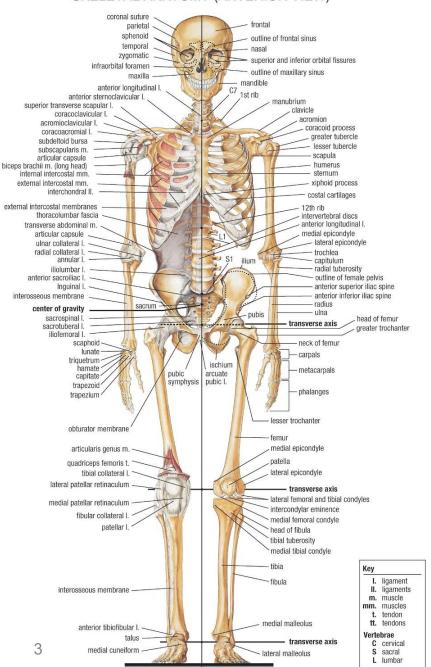
Autumn2015

Orthopedic Implants



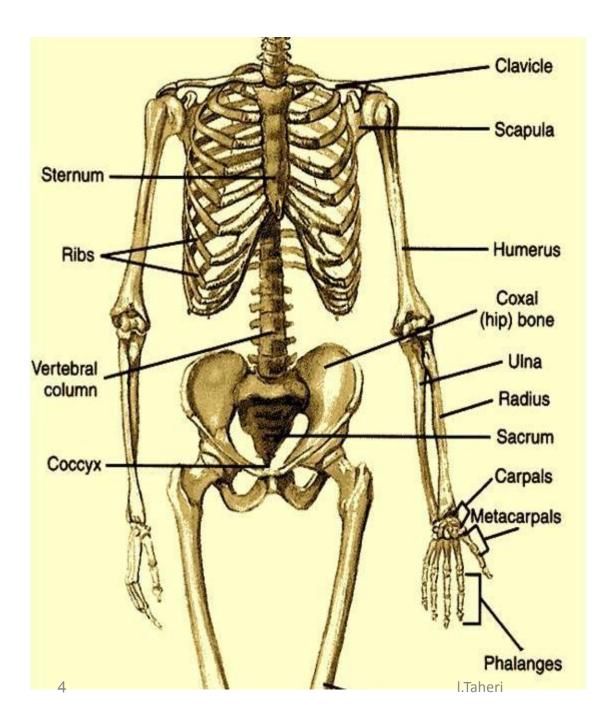
- Bone anatomy
- Screws
- Plates
- Nails
- External fixator
- Arthroplasty
- Bone grafts
- Bone cement

SKELETAL ANATOMY (ANTERIOR VIEW)



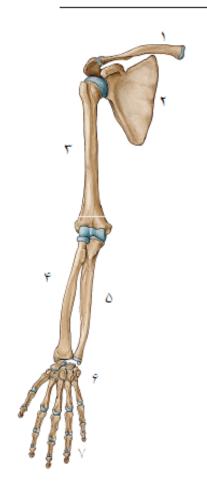
I.Taheri

Bone Anatomy



Bone Anatomy

اسكلت اندام فوقاني

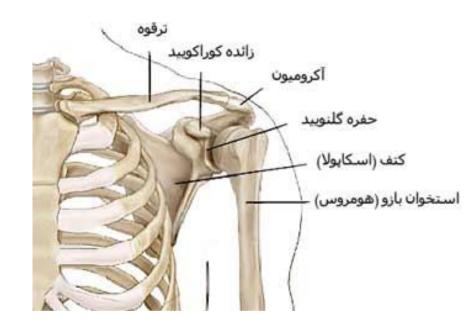


- استخوان چمبر (ترقوه) Clavicle
 - استخوان شانه Scapula
 - استخوان بازو Humerus
- استخوانهای ساعد: زند زبرین Radius و زند زیرین Ulna
 - استخوانهای مچ دست Carpus
- استخوانهای کف دست Meta Carpus
 - استخوانهای انگشتان Phalanx

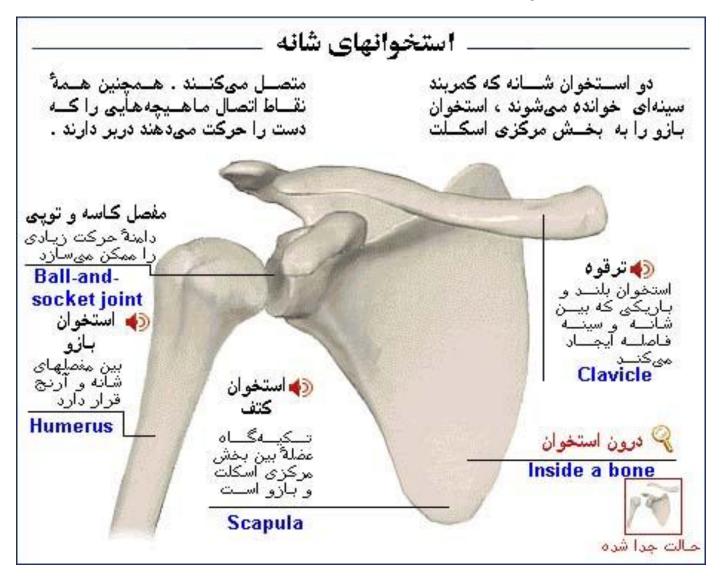
استخوان ترقوه

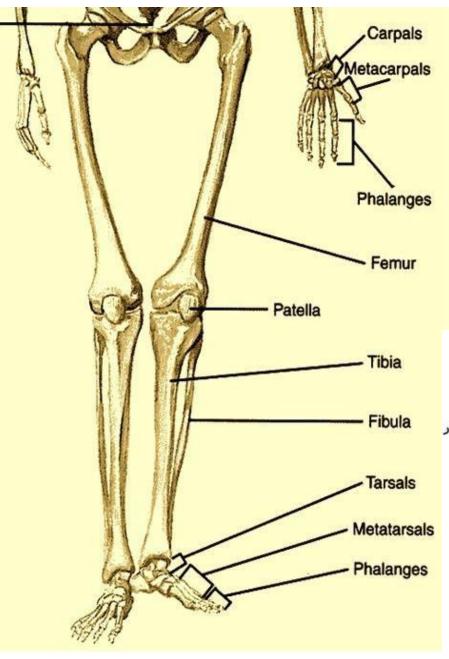
ترقوه یا کلاویکل Clavicleاستخوانی است به شکل کالبته با انحنای کمتر که در جلوی قفسه سینه قرار گرفته است. این استخوان از طرف داخل با استخوان جناق مفصل میشود و در طرف خارج با زائده آکرومیون از استخوان کتف مفصل آکرومیوکلاویکولر را بوجود میاورد



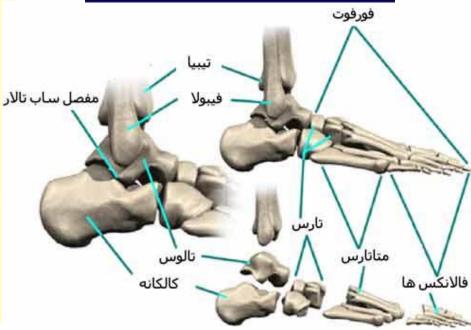


Bone Anatomy



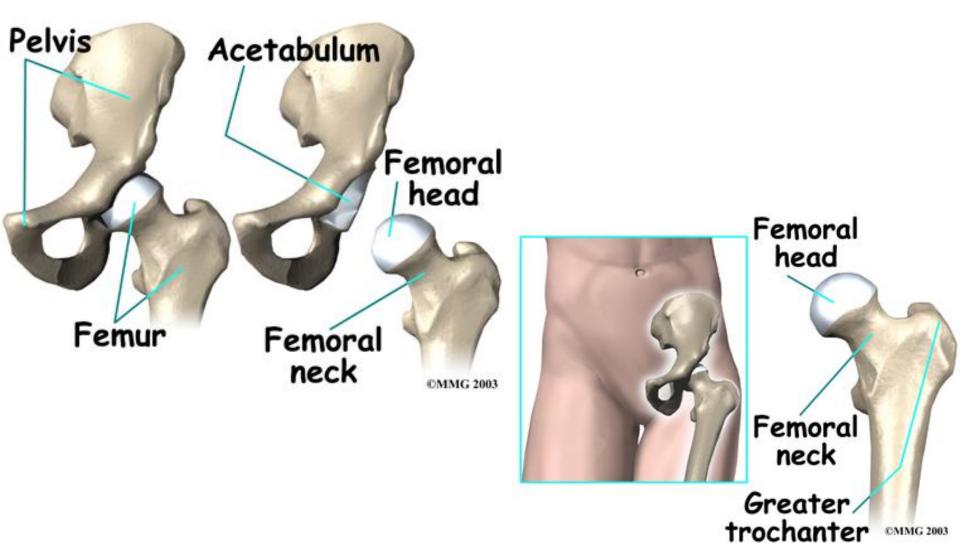




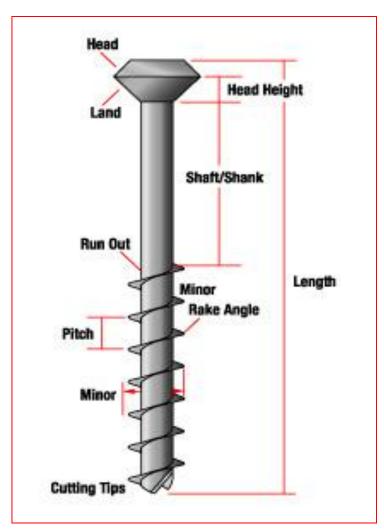


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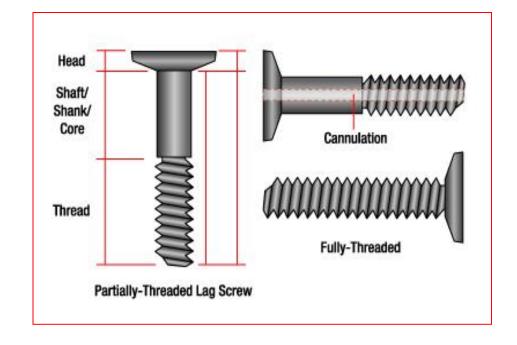
Bone Anatomy



SCREWS



ANATOMY



Screws

- PARTS
- Head :- spherical
 - 8mm
 - hemispherical undersurface (allows optimal annular contact even at angle
 - hexagonal socket of 3.5mm dia
- Thread : <u>design</u> factor determing the holding power
 - in cortical bone: shallow thread and fine pitch

- in cancellous bone: deep thread coarse pitch
- Pitch: distance between adjacent threads
 - in cortical screw: 1.75 mm or 40.5 TPI (threads per inch)
 - in cancellous screw: 2.75mm or 9.2 TPI
- Prerequisite for optimal holding power:
 - thread hole = core dia of screw
 - threads cut should correspond to the screw thread

- Core diameter: core is the solid stem from which threads project
 - also called inside or root diameter
 - 4.5mm cortical screw6.5mm cancellous screw3 mm diamalleolar screw
 - determines the size of drill bit for pilot hole
- TWO MAIN PURPOSES OF SCREW:
 - interfragmentary compression
 - fixation of plate to bone

- TYPES: CORTICAL
 CANCELLOUS
- CORTICAL: non self cutting (threads have to be cut)
 - fully threaded
 - partially threaded (also called shaft screws)
 - threads should engage entire far cortex
 - -sizes : 14 mm 110 mm
 - holding power : 250 kg(in hard cortical bone)



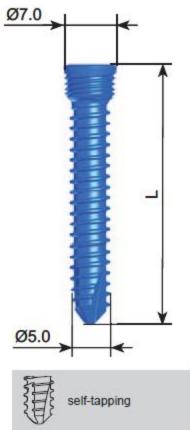
CANCELLOUS SCREWS:

- fully threaded : used as plate fixation screws
- partially threaded :

 (16 mm or 32 mm thread length)
 used as lag screws
- holding power is increased when screw itself creates threads
- engaging far cortex increases the holding power (only needed in porotic bone), as tip is pointed care must be taken









MALLEOLAR SCREW:

- smooth shaft
- partially threaded
- trephine tip: no tapping needed
- was designed as lag screw for malleoli fixation NOW small cancellous screws preffered
- also used in distal humerus,
 lesser trochanter
- size : 25mm 75 mm



	Cortical screw	Cancellous screw	Malleolar screw
head diameter	8mm	8mm	8 mm
Socket width	3.5mm	3.5mm	3.5mm
Core diameter	3 mm	3mm	3mm
Thread diameter	4.5 mm	6.5mm	4.5mm
pitch	1.75 mm	2.75 mm	1.75 mm
Tap diameter	4.5mm	6.5mm	4.5 mm (rare)
Shaft diameter		4.5mm	3mm

• WASHER:

- flat side: rests on bone
- countersunk side: accepts screw head
- prevents screw from breaking through

thin cortex in metaphysis



DRILL BIT

To provide optimal cutting with as little thermal damage to bone

- **Effectiveness**:- wear
 - Material
 - -Design of cutting edge

- Parts:
 - -centre tip: ensures safe first bite
 - -cutting edge: actual cutting
 - -flutes: debris transported away



- Standard drill bit: two flutes
- Three fluted : drilling at oblique angles
 - reduced skidding on bone
- cannulated drill bits are available
- Calibrated drill bits are available
 - in pelvic surgeries
- Heat production decreased by continuous irrigation: RL preferred
 - regular check and replacement

- Always used in sleeves of corresponding size
 - drill bit must be stationary (not rotating)





- 3.2 mm bit: for 4.5 mm cortical screws
 - 6.5 mm cancellous screws
 - malleolar screws
- 4.5 mm bit: for- gliding hole with 4.5mm cortical screw
 - if 6.5mm cancellous screw is to be inserted through cortical bone at entry
- 2 mm bit: to pre-drill for K-wires and guide wires

TAP

- To cut threads in bone of same size as the screw to facilitate insertion
- Flutes: to clear the bone debris
- Two turns forward and half turn backward recommended to clear debris
- Used with sleeve
- Done manually
- Power tapping NOT recommended
- For cancellous bone : short and wide thread , slightly smaller dia than screw

- For cortical screws :
 - as fixation screw: both cortices
 - as lag screw: only far cortex
- For cancellous screw:
 - only near cortex
 - sometimes in young pt.s tapping entire screw length needed

• LAG SCREW TECHNIQUE :

- to achieve interfragmentary compression
- this tech. is used if a screw is to be inserted across a # , even through a plate.

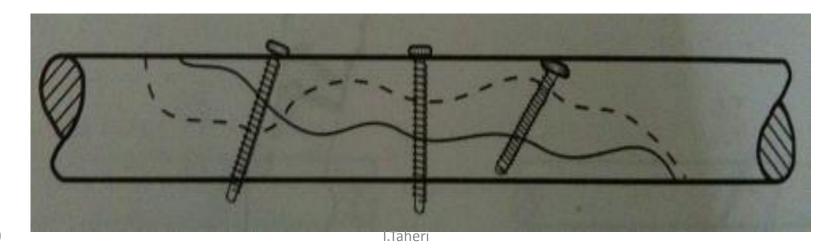
PRINCIPLE:

screw has no purchase in near fragment,

thread grips the far fragment only

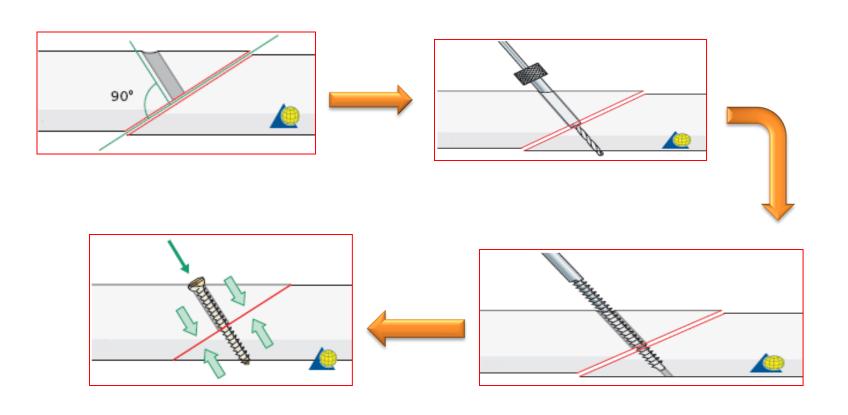
 Achieved either with screw with shaft or fully threaded screw

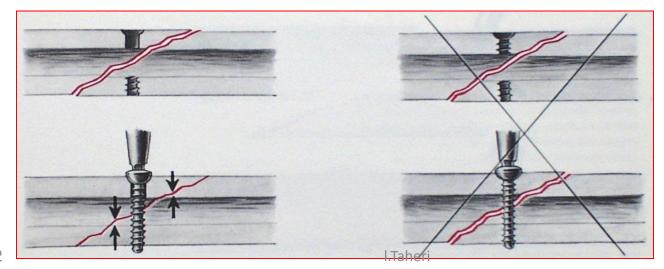
- Positioning of screws:
 - -max. interfragmentary compression : placed in middle of fragment, right angle to fracture plane
 - max. axial stability: right angle to long axis of bone



- In the near fragment :
 - gliding or clearance hole
 - equal in size to thread diameter
- In far fragment :
 - thread hole
 - slightly larger than core diameter,
 then tapped.

Screw size	Thread hole	Gliding hole
4.5 mm	3.2 mm	4.5 mm
3.5 mm	2.5 mm	3.5 mm
2.7 mm	I.Taheri 2.0 mm	2.7 mm

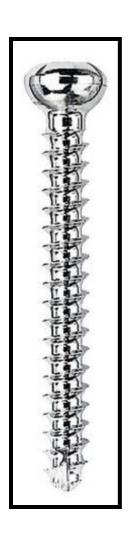




Locking Screw Design

- Threaded underside of head
 - To thread (lock) into plate hole
- Larger core diameter:
 - Increases strength
 - Dissipates load over larger area of bone
- Smaller thread pitch:





Locking Screw Design

- Core design:
 - Solid and cannulated
 - Cannulated screws are inserted over guide wires for precise placement





Screw Head Designs

- Threaded head:
 - Locks screw to plate

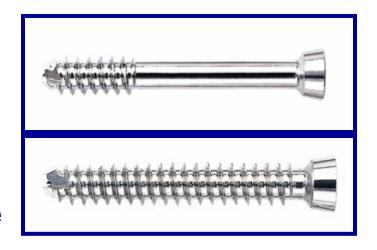


- Can be used instead of locking screws
- Smooth underside fits in round holes
- Partially threaded -- lags two fragments together
- Fully threaded -- pulls bone to plate



Conventional use







Plates

- CLASSIFICATION: depending on
- Shape: semitubular, 1/3 tubular
- Width: broad , narrow
- Surface contact: limited contact
- Site: condylar
- Function: neutralization plate, compression plate buttress plate

Three main groups:

- straight plates : diaphysis

- special plates : metaphyseal and epiphyseal areas

angled blade plates: proximal and distal femur

STRAIGHT PLATES:

DYNAMIC COMPRESSION PLATE (DCP)

- special geometry of plate hole allows self compression and
- congruent fit b/w head and plate at various angles of inclination
 - thus can function as –
 neutralization plate
 tension band plate
 compression plate

SPHERICAL GLIDING PRINCIPLE:

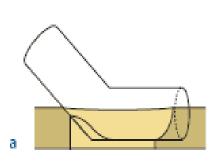
- plate hole described as a part of inclined

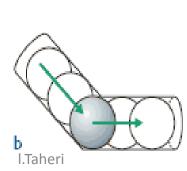
and horizontal cylinder, in which a sphere

can be moved downward, horizontaly.

- cylinder : plate hole

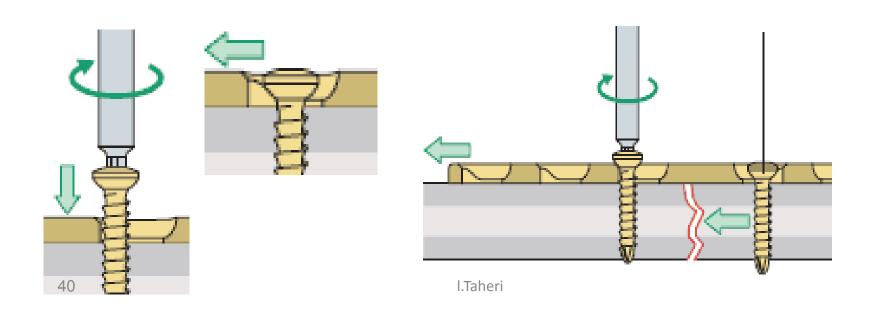
- sphere : screw head







- Screw placed eccentrically (load position)
 will move the underlying bone horizontaly
 until the head reaches the intersection
- cortical screw can be placed at eccentric / load position neutral position



NARROW DCP :

- on tibia
- sometimes on radius and ulna
- both ends have notch on underside
 (for hook of tension device)
- middle part with wider space b/w
 holes , stronger , placed over #
- 2 to 16 holes



BROAD DCP:

- for diaphyseal # s of humerus , femur
- thicker and wider than narrow dcp
- notch at each end
- 6 to 18 holes



	narrow dcp	broad dcp
thickness	3.6mm	4.5 mm
width	12mm	16mm
Hole spacing	16 and 25mm	16 and 25 mm
Hole length	8.5mm	8.5mm

- LIMITED CONTACT DCP (LC DCP):
 - development of DCP
 - same indications as DCP



- additional advantages:

- undercuts decrease the contact area
 b/w bone and plate, thus decrease the impairment in blood supply and consequent demineralization
- undercuts allow small callus formation
- constant stiffness all along the plate so no stress concentration occurs at holes when bent or contoured
- trapezoid cross section –
 smaller contact area
- holes uniformly placed contd.....

- undercut plate holes: allow
 - . 40 tilting in long. Axis
 - . 7 tilting in transverse axis
 - . thus lag screw fixation possible for short oblique fractures

	Narrow lc dcp	Broad lc dcp
Thickness	4.6mm	6 mm
width	13.5 mm	17.5mm
Hole spacing	18 mm	18mm
Hole length	8.5mm	8.5mm

SEMITUBULAR PLATES:

- shape of half tube
- 1 mm thick
- good rotational stability as edges dig into

bone

- oval holes allows eccentric screws
- were used for forearm fractures
- now occasionally in pelvic # s

- RECONSTRUCTION PLATES:
 - can be bent and twisted in two directions
 - in places where extensive contouring needed eg: pelvis
 - bending angle > 15 avoided at any one site
 - oval plate holes allow compression



Plate Evolution

DCP

- Dynamic Compression Plate



LC-DCP

Limited ContactDynamic Compression Plate



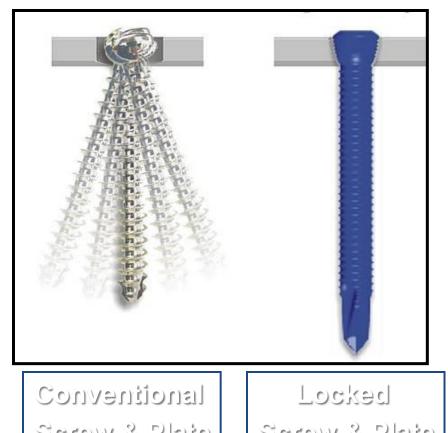
LCP

Locking Compression Plate



How is a Locking Plate Different?

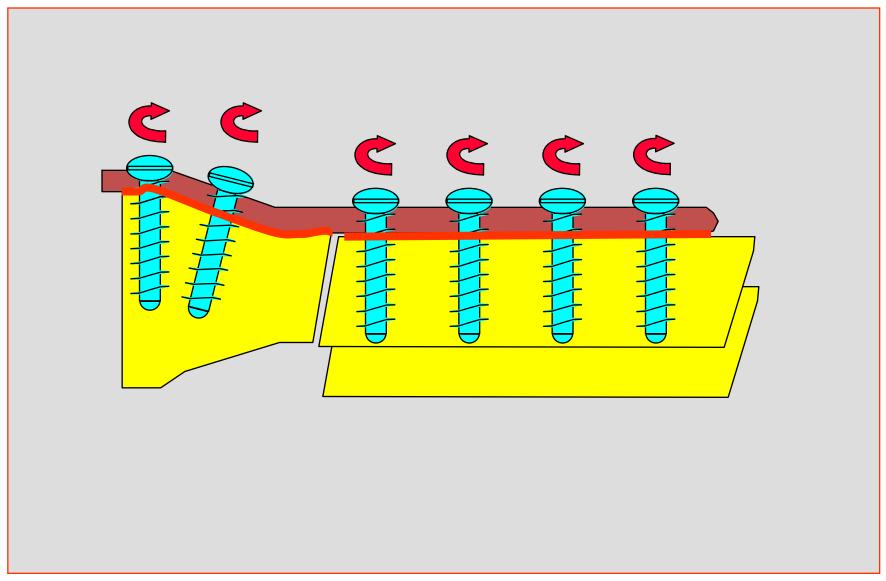
- Conventional plates depend on friction between the screw & bone for stability
- Locking plates & screws create fixed angles that do not rely on screw purchase in bone



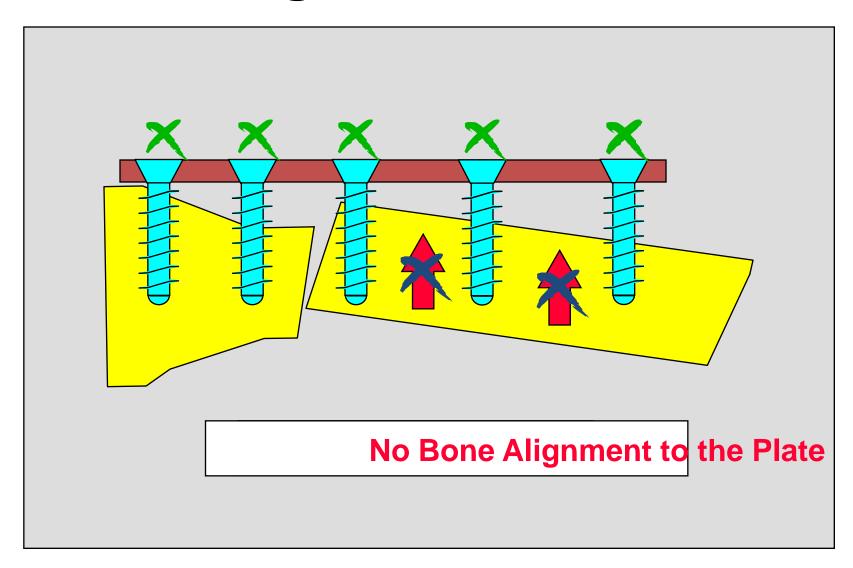
Screw & Plate

Screw & Plate

Conventional Plate Fixation



Locking Plates & Screws



Conventional vs Locking Plates

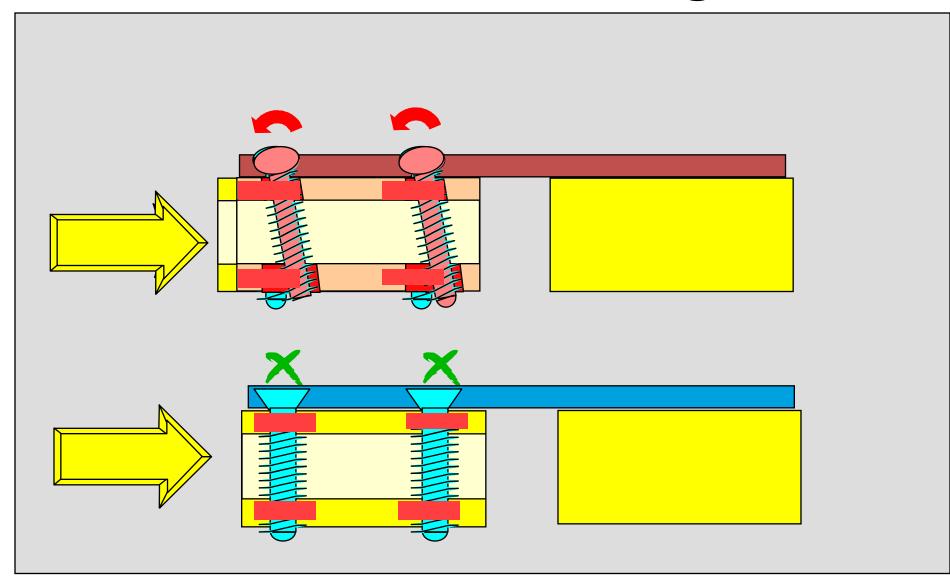


Plate Design

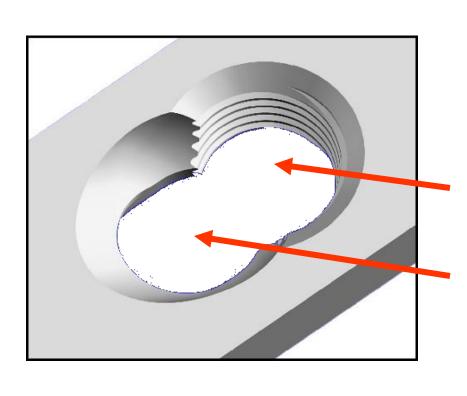
Looks familiar:

- Same basic construct of plates and screws
- Anatomically shaped
- Same stainless steel and titanium materials





Plate Design: Combination Hole



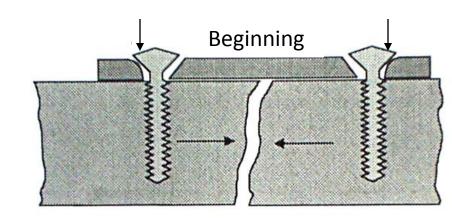
"Figure of eight" hole design

Locking screws

Conventional cortex & cancellous screws

Biomechanics of Dynamic Compression Plate (DCP)

- Designed to compress the fracture
 - Offset screws exert force on specially designed holes in plate
 - Force between screw and plate moves bone until screw sits properly
 - Compressive forces are transmitted across the fracture



End Result

• **SPECIAL PLATES:**

- T PLATES:
 - medial aspect of tibial plateau
 - proximal humerus



- T AND L BUTTRESS PLATE:
 - lateral aspect of tibial plateau
 - have double bend



Lateral tibial buttress plate:



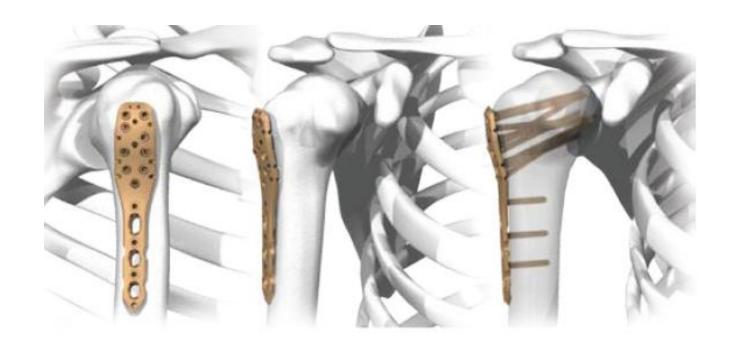
Condylar buttress • plate:



I.Taheri



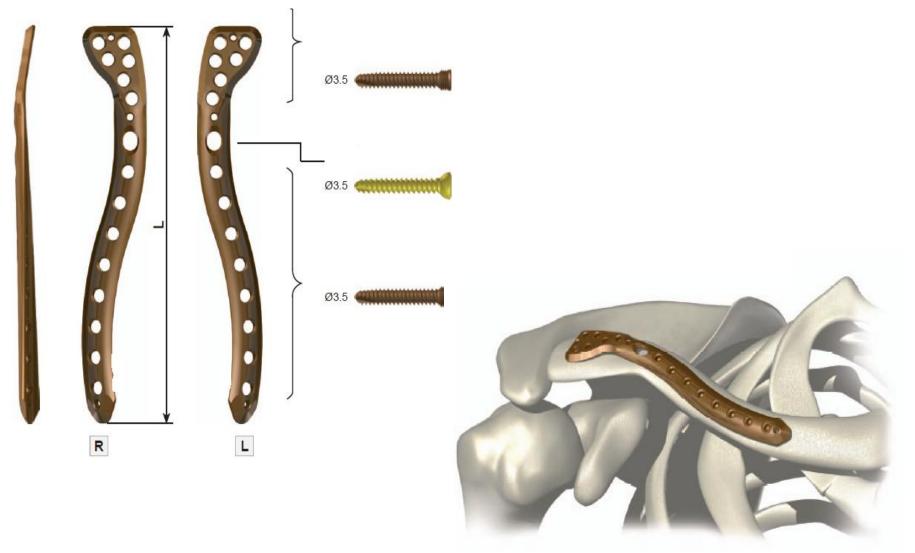
Humeral Plate



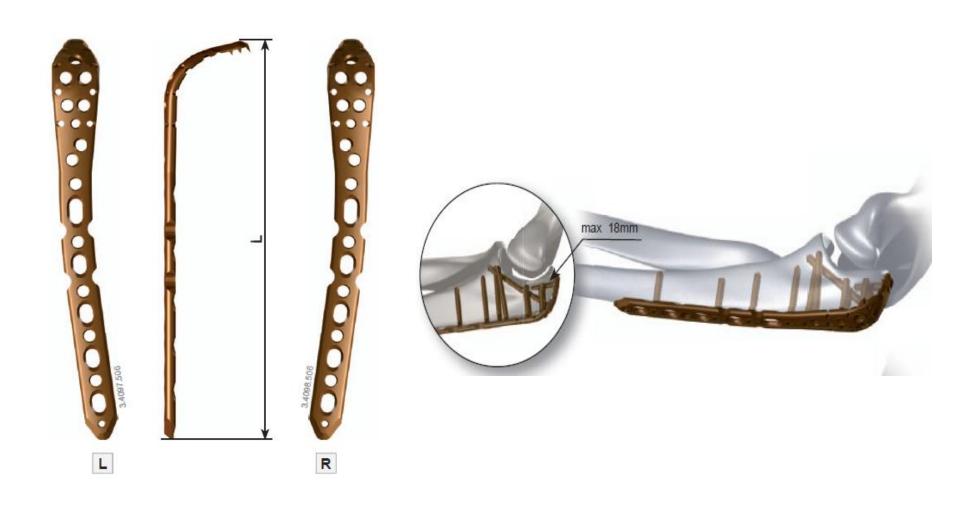
Clavicular hook plate



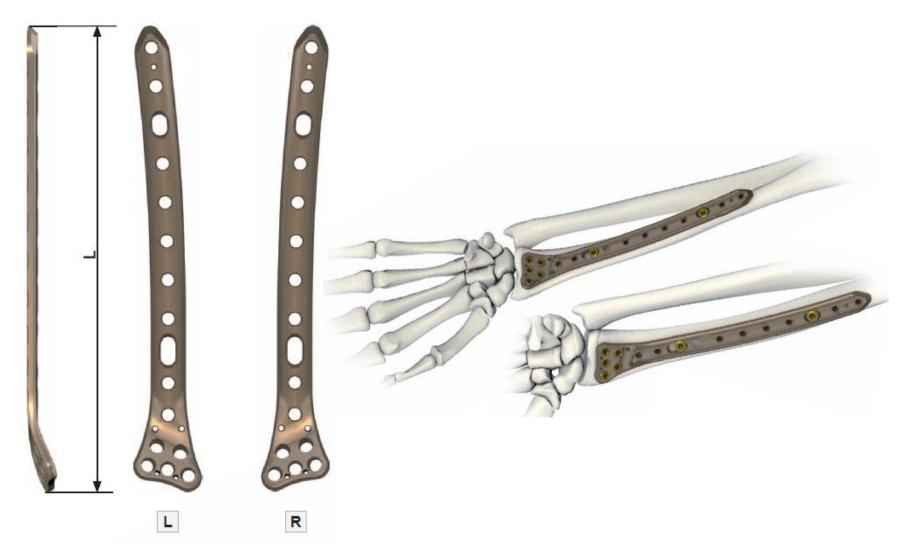
Clavicle S Plate



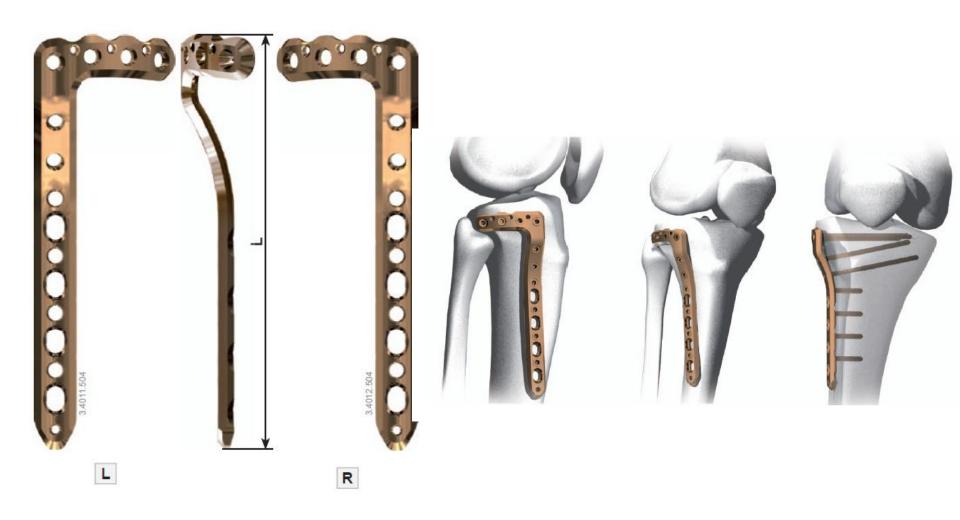
Olecranon Plate



Radius volar plate



L plate(Tibia)



Distal medial Tibial Plate



Distal medial Tibial Plate





Distal Tibia L Plate



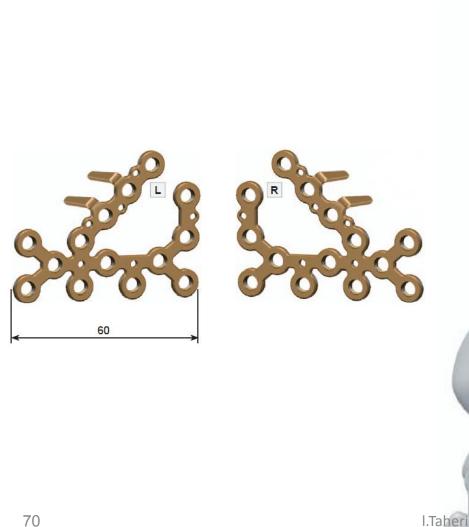
Distal lateral Fibula Plate

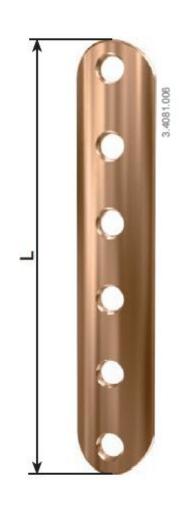




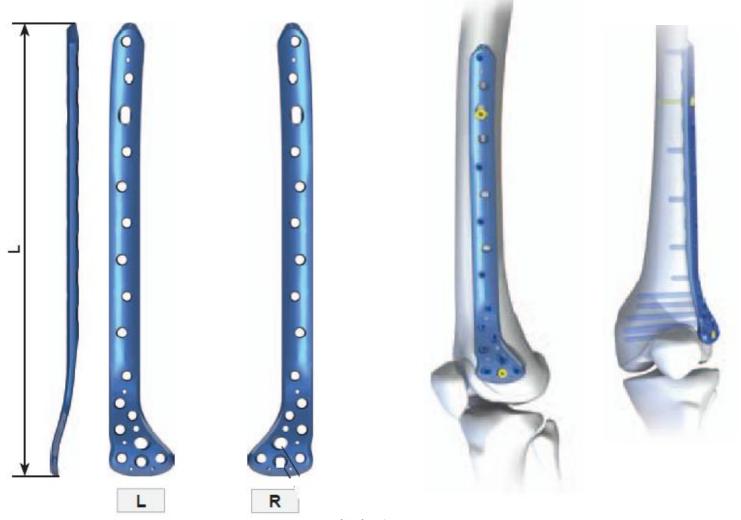
1/3 Tubular Plate

Calcaneal Plate





Condylar femoral Plate



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Femoral Proximal Plate



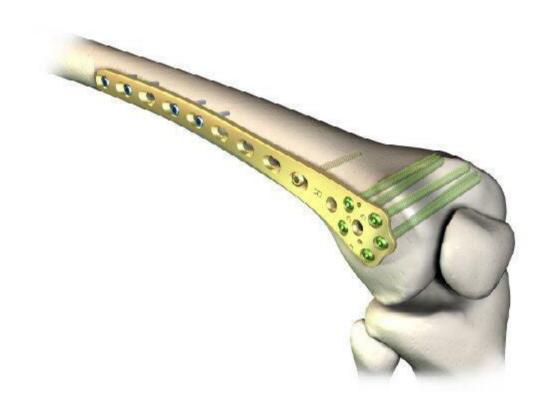
cobra head plate •

Spoon plate •



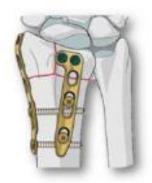


LCP distal femur





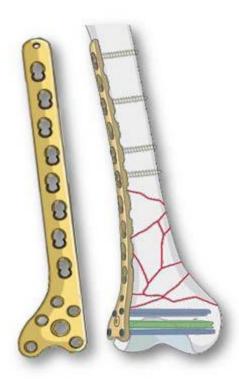
T-plate for phalanges



L and LCP contoured plates for distal radius

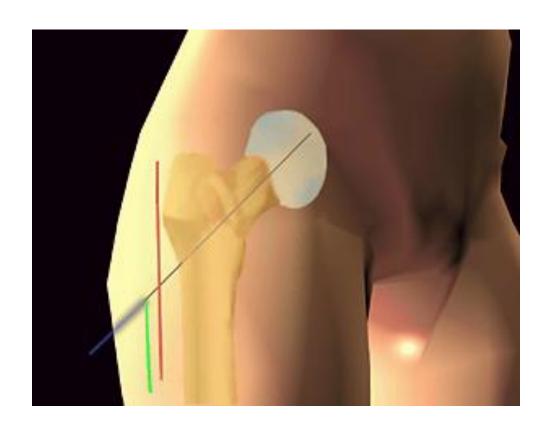


Ulna plates and distal humerus plates



DHS Technique

- Incisional line
 - Red = conventional
 - Green = minimal access
- Procedure is monitored by x-ray image intensifier



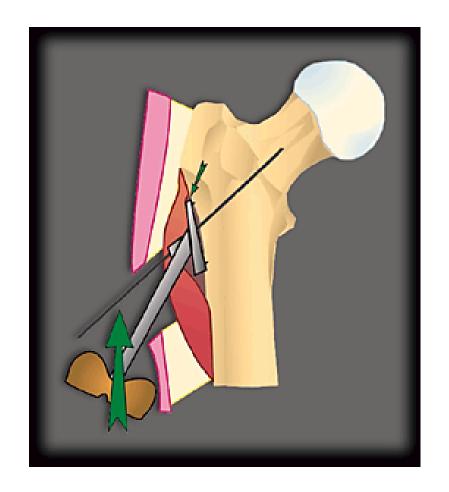
DHS Targeting Device

- Aligns guide pin
- Under the vastus lateralis
- Wedged in upper part
 - Between vastus and femoral shaft



DHS Guide Pin

- Guide pin is inserted
 - Centered in the femoral neck



DHS Axial Screw

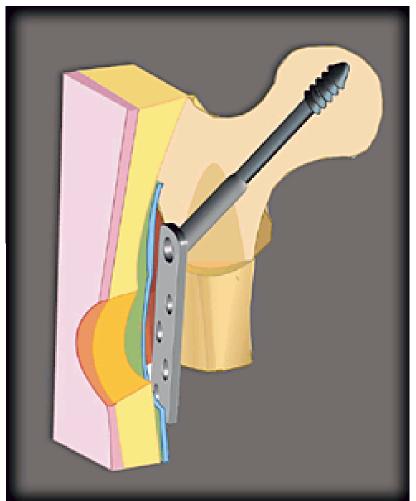
- Axial screw is inserted with an extension
 - Extension to guide the barrel of plate
 - Slot along screw fits a longitudinal ridge inside barrel prevents rotation, allows axial compression only



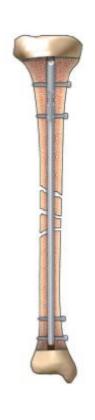
DHS Plate

- Plate against femoral shaft
 - Shaft screws are inserted





Intramedullary nail



- . Length
- Diameter
- Tibial,FeMural,Humeral

Advantage of IM Nail

- Less malunion
- Early weight-bearing
- Early motion
- Early WB (load sharing)
- Patient satisfaction



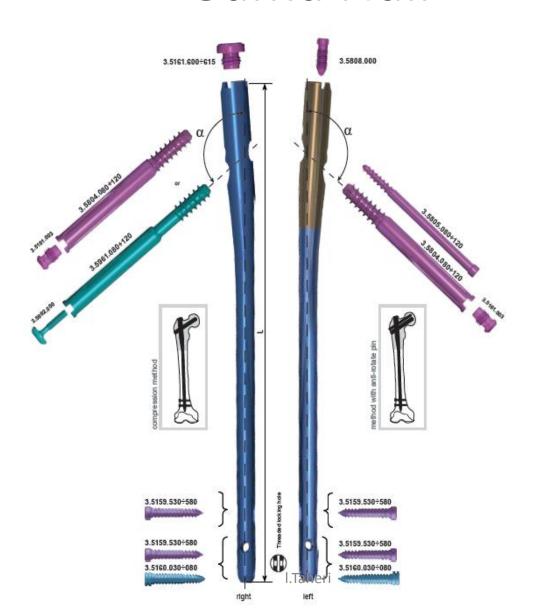
Distal femoral nail

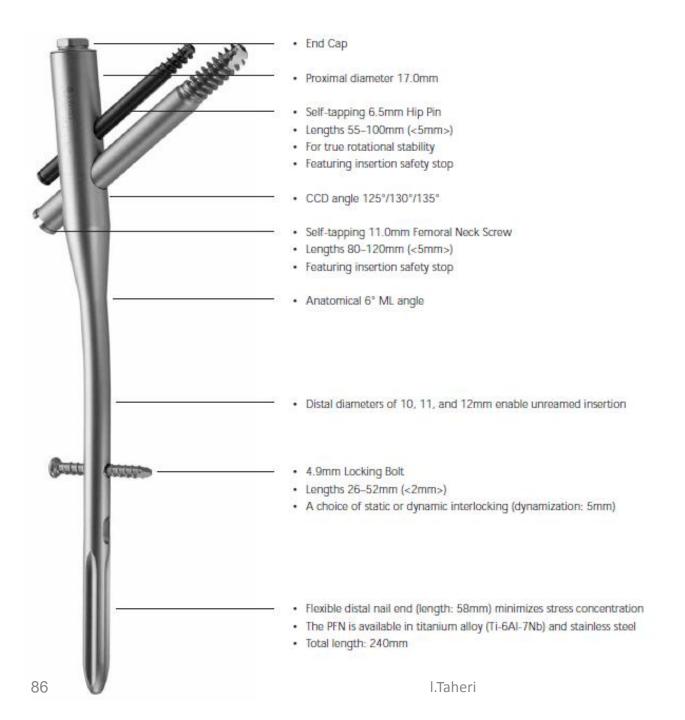


Retrograde - antegrade femoral nail



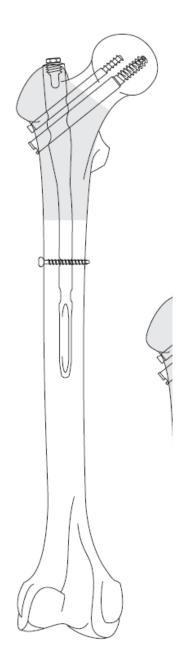
Gama Nail

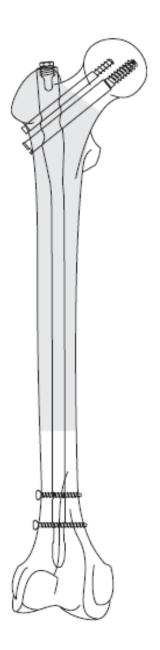




PFN

PFN

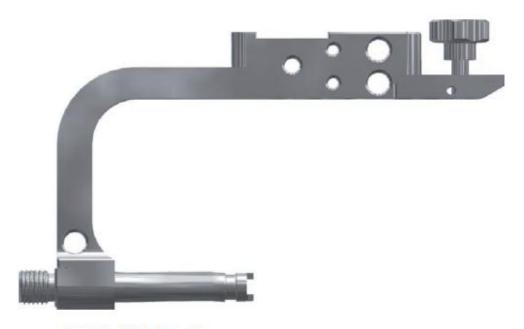




Instrument set

To carry out the surgery some other basic devices are needed:

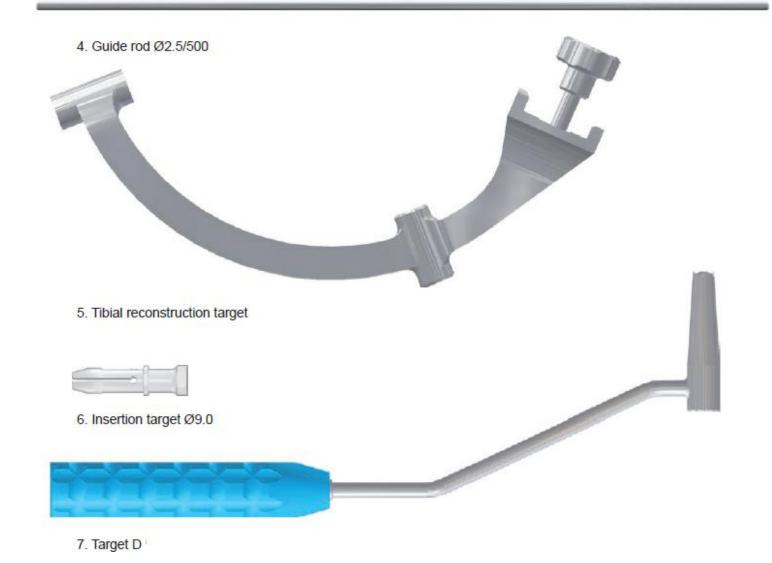
- electric drive,
- set of flexible intramedullary reamers (Ø 8.0-13.0 mm) with drill guide and handle,
- set of awls (solid and cannulated),
- set of surgical drills,
- · Kirschner wires,
- hammers, and others

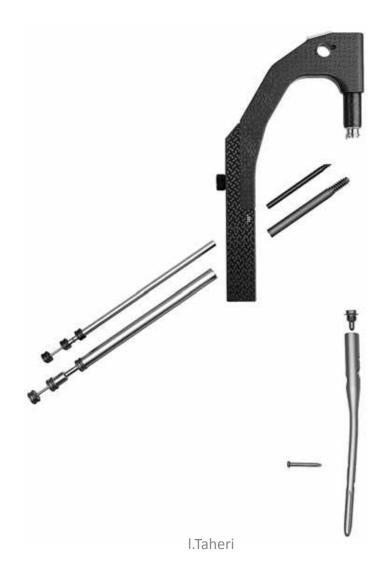


1. Proximal tibia target B

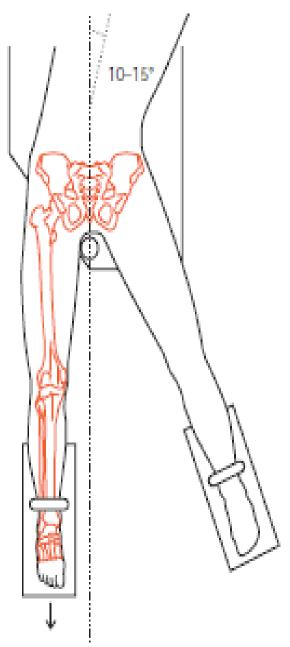


3. Connecting screw M8x1.25 spec.

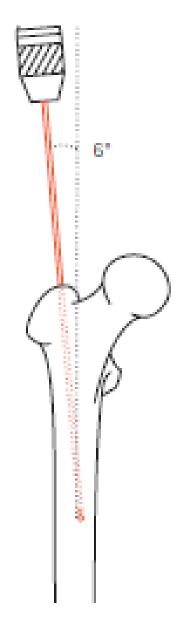




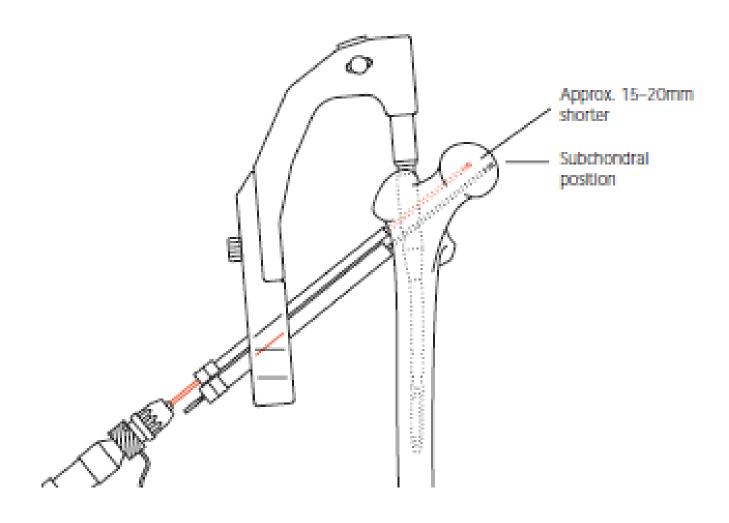
Patient positioning



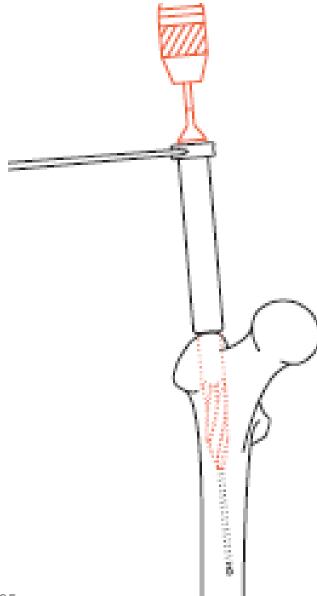
Insertion of guide wire for femur opening



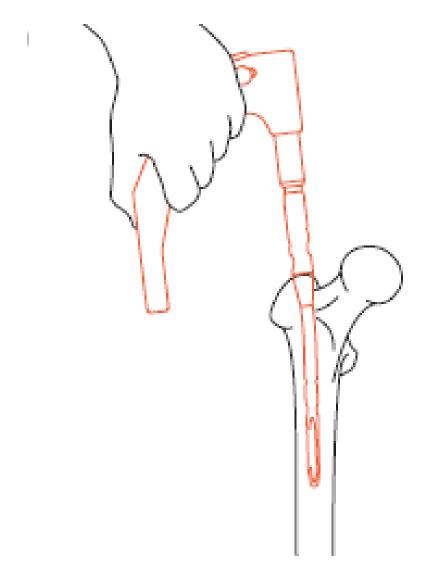
Insertion of guide wires for femoral neck screw and hip pin



Open femur

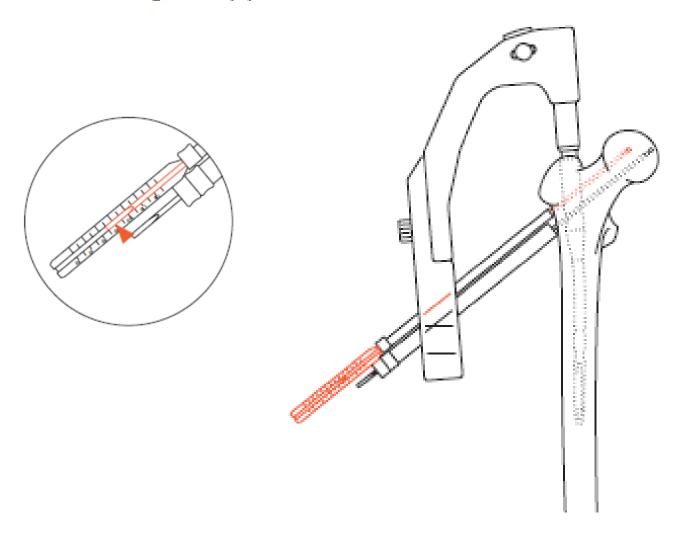


Insertion of Proximal Femoral Nail

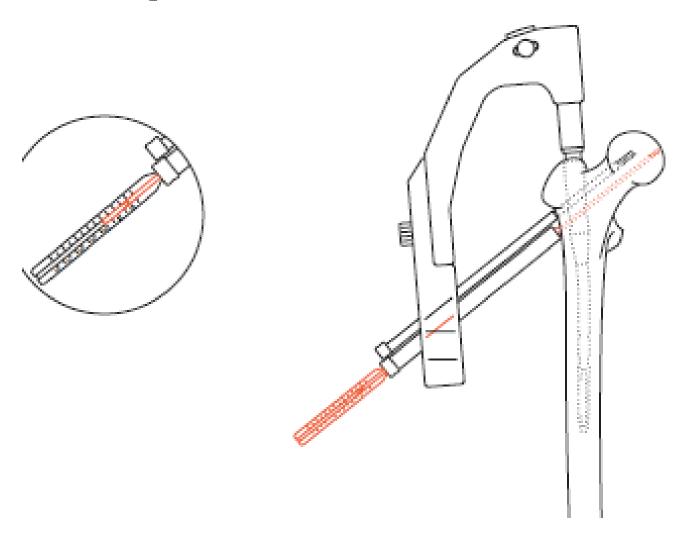


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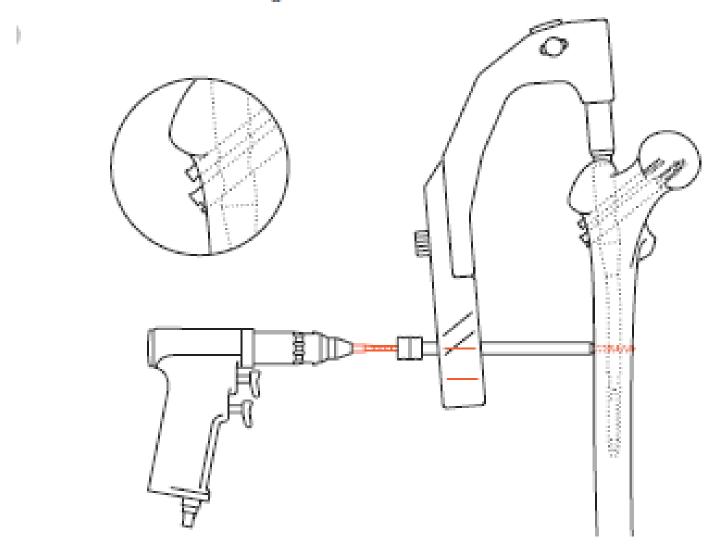
Measure length of hip pin



Measure length of femoral neck screw

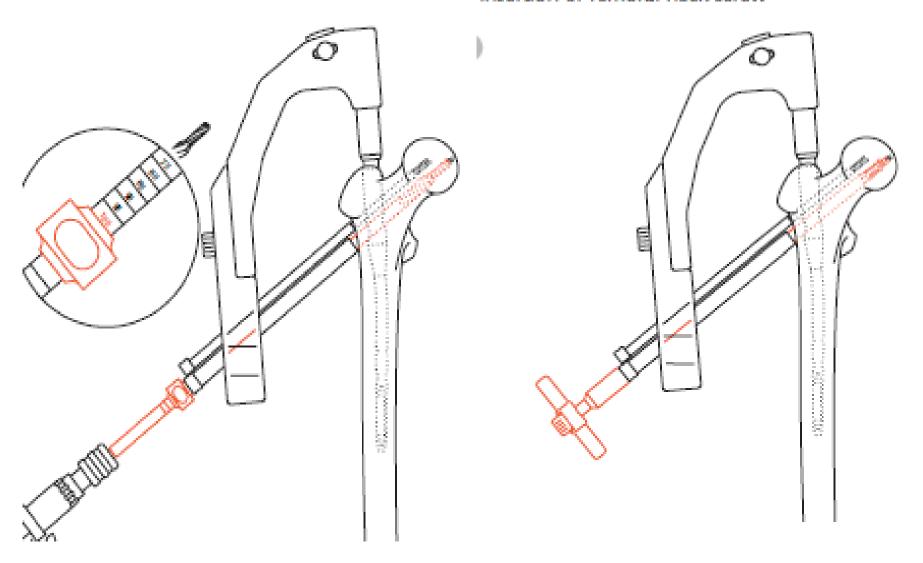


Drill hole for distal locking



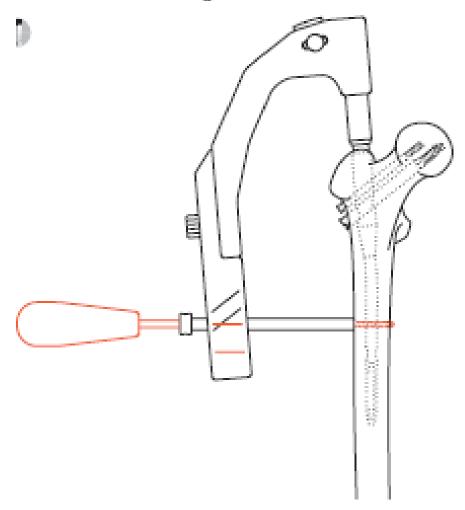
3 Drill hole for femoral neck screw

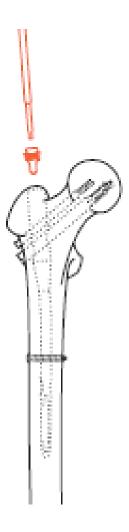
Insertion of femoral neck screw



Insertion of Locking Bolt

Insertion of End Cap





Nails, Wires & Pins













External Fixator Indications

- Open fractures
- Periarticular fractures
- Polytrauma/Damage control
- Pelvic fractures
- Children's fractures

Indications

Deformity Correction

Congenital
Post-traumatic
Acquired



Components of the Ex-fix

Pins

Clamps

Connecting rods

Pins

- Various diameters, lengths, and designs
 - 2.5 mm pin
 - 4 mm short thread pin
 - 5 mm predrilled pin
 - 6 mm tapered or conical pin
 - 5 mm self-drilling and self tapping pin
 - 5 mm centrally threaded pin

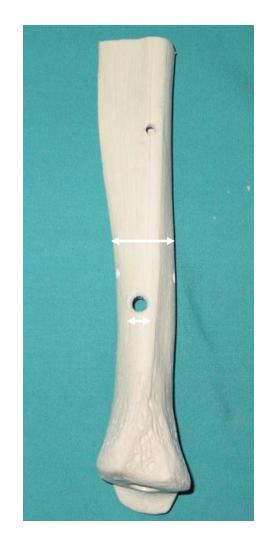
Materials

- Stainless steel
- Titanium
 - More biocompatible
 - Less stiff



Pin Diameter Guidelines

- •Femur 5 or 6 mm
- •Tibia 5 or 6 mm
- •Humerus 5 mm
- •Forearm 4 mm
- •Hand, Foot 3 mm





Clamps

Two general varieties:

- Single pin to bar clamps
- Multiple pin to bar clamps

Features:

- Multi-planar adjustability
- Open vs closed end

Principles

- Must securely hold the frame to the pin
- Clamps placed closer to bone increases the stiffness of the entire fixator construct



Connecting Rods and/or Frames

Options:

- materials:
 - Steel
 - Aluminum
 - Carbon fiber
- Design
 - Simple rod
 - Articulated
 - Telescoping

Principle

- increased diameter = increased stiffness and strength
- Stacked (2 parallel bars) = increased stiffness

Bars

- Stainless vs CarbonFiber
 - –Radiolucency
 - $-\uparrow$ diameter = \uparrow stiffness
 - -Carbon 15% stiffer vs stainless steel in loading to failure
 - —frames with carbon fiber are only 85% as stiff ????Weak link is clamp to carbon bar?

Added bar stiffness

increased frame stiffness



Ring Fixaators

Components:

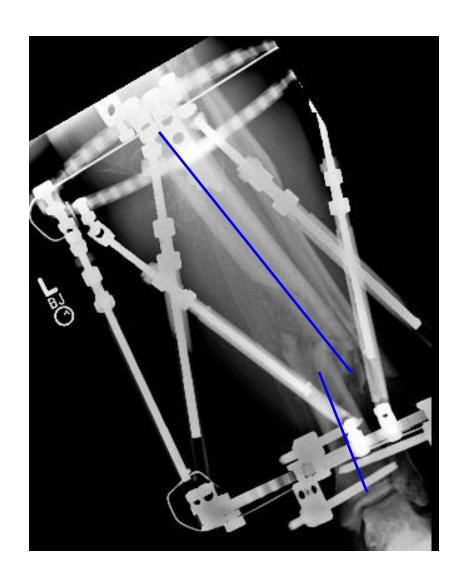
- Tensioned thin wires
 - olive or straight
- Wire and half pin clamps
- Rings
- Rods
- Motors and hinges

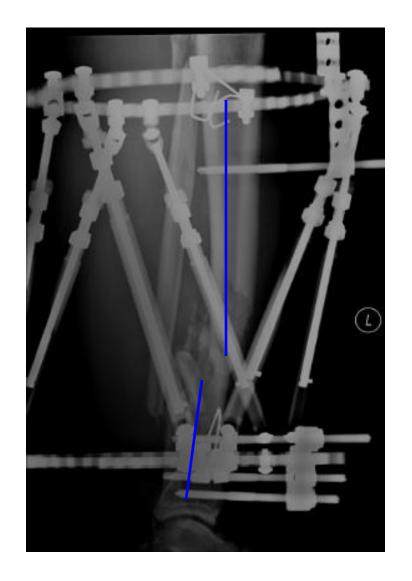


Multiplanar Adjustable Ring Fixators

- Application with wire or half pins
- Adjustable with 6 degrees of freedom
 - Deformity correction
 - acute
 - chronic







Type 3A open tibia fracture with bone loss





Following frame adjustment and bone grafting

Frame Types

Uniplanar

- Unilateral
- Bilateral
 - Pin transfixes extremity

Biplanar

- Unilateral
- Bilateral

Circular (Ring Fixator)

May use Half-pins and/or transfixion wires

Hybrid

Combines rings with planar frames

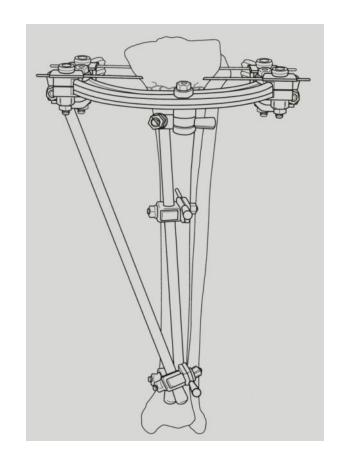




Unilateral uniplanar Unilateral biplanar

Hybrid Fixators

 Combines the advantages of ring fixators in periarticular areas with simplicity of planar half pin fixators in diaphyseal bone



External Fixators



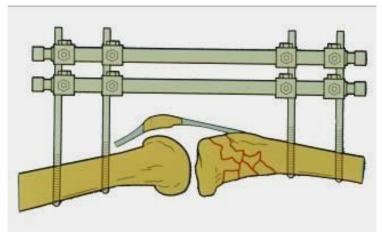






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External Fixator



Increase Stability

Pins

- Larger diameter
- More pins
- Closer to fracture site





Increase Stability

• Bars:

- Closer to limb
- More bars
- Second plane at right angle to decrease torsion (twisting)







Increase Stability

Rings:

- Smaller is stiffer
 - Use smallest diamaeter ring possible but allow for swelling
- More rings = more stable



Advantages

Simplicity and ease of application

Minimal blood loss

Adjustability after surgery

Access for wound management

Disadvantages

Anatomic structures at risk (Safe Zones)

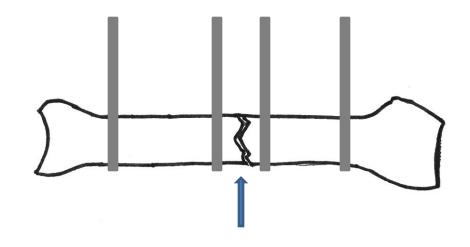
Pin/Wire site infections

Joint contractures

Prolonged time to bony healing

Safety Factors

Pin/Wire should not be in the fracture

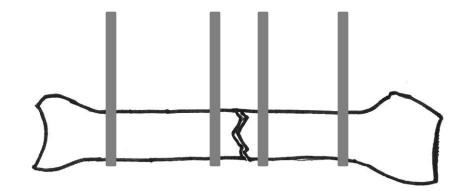


When drilling go slow as not to burn the bone

Stability Factors

Pin/Wire Location

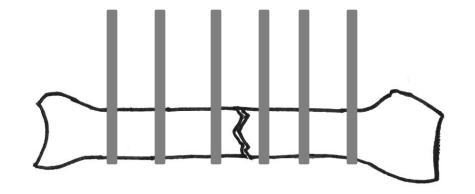
Maximal pin span



Stability Factors

Pin/Wire Number

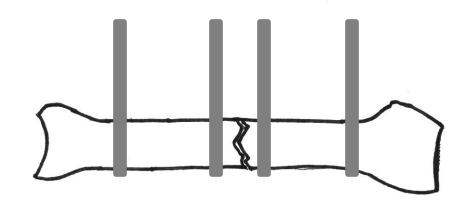
More pins distribute forces and increase construct stiffness



Stability Factors

Pin/Wire Size

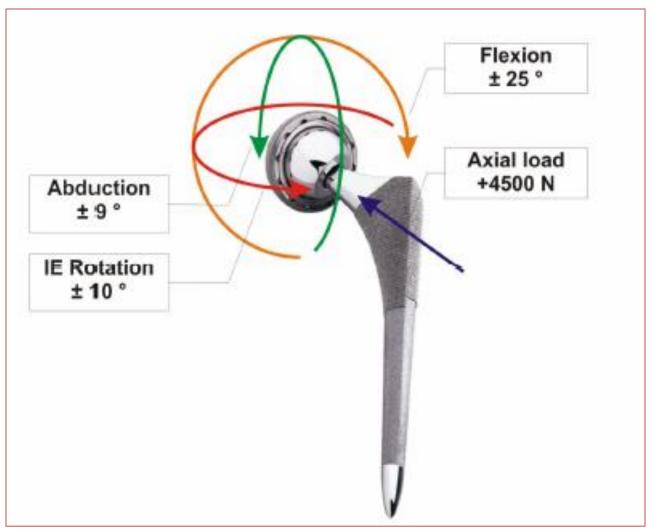
Torsional strength proportional to its radius⁴



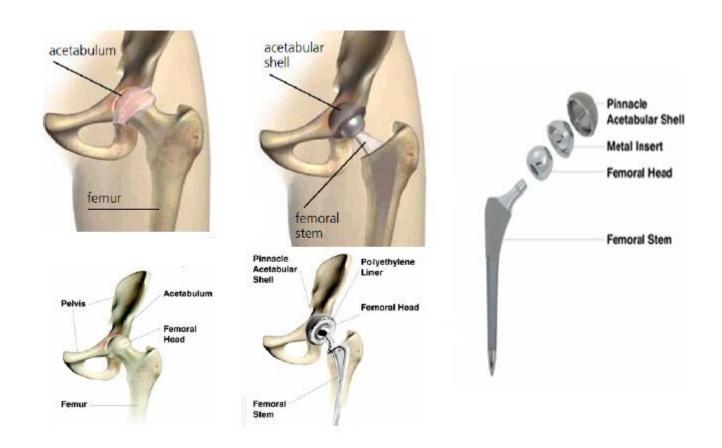
Pin core diameter

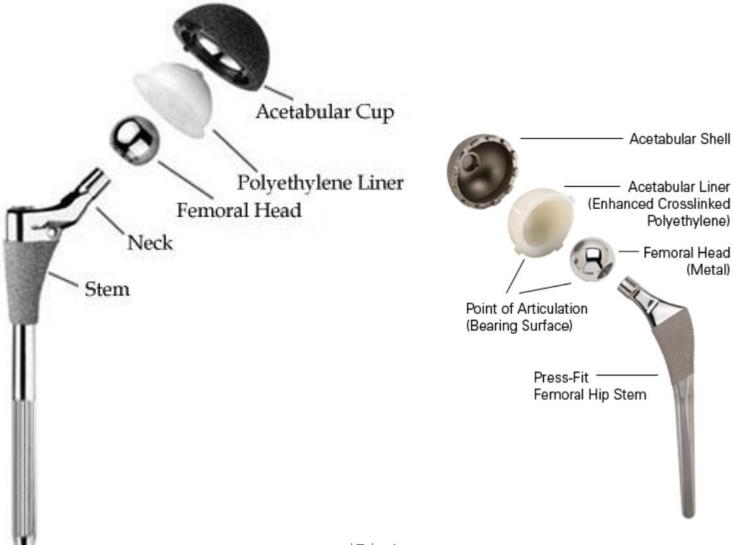
<u><</u>

1/3 bone diameter



Total Hip Replacement

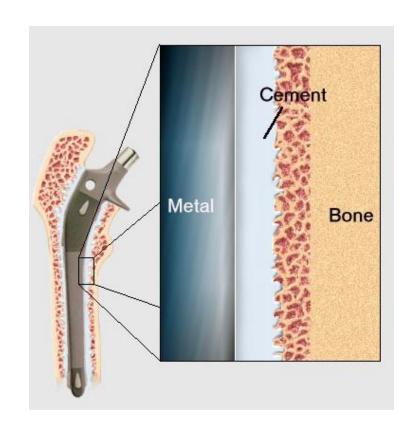




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Cemented:

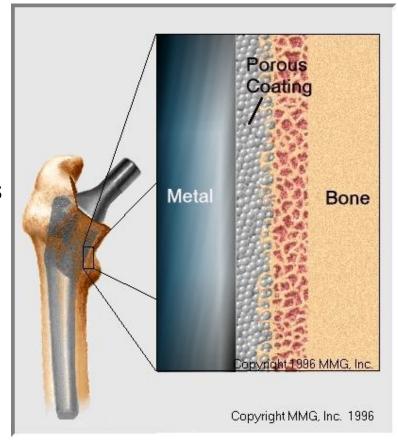
- •Elderly (>65)
- Low demand
- Better early fixation
- •late loosening





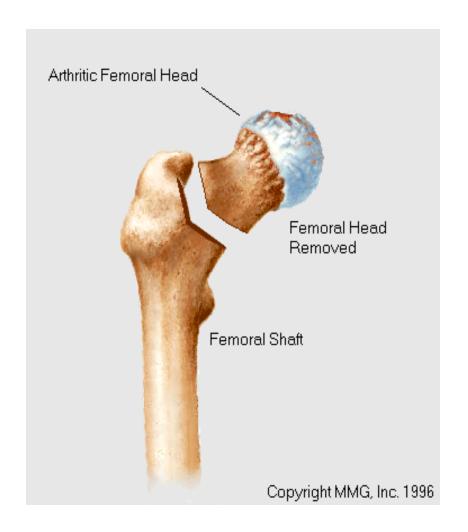
Cementless:

- Younger
- More active
- Protected weightbearing first 6 weeks
- •? Better long-term fixation

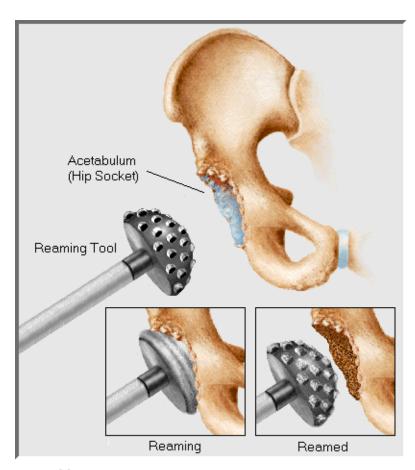




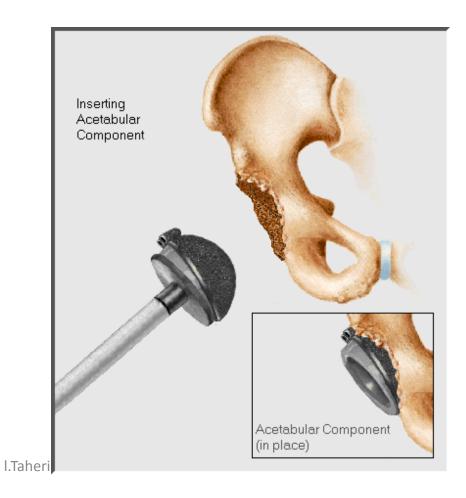
Femoral neck resection



Acetabular reaming

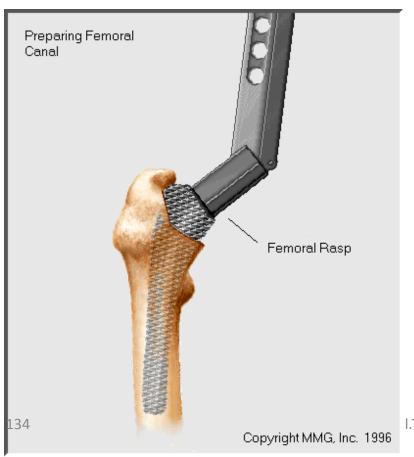


Insertion of acetabular component

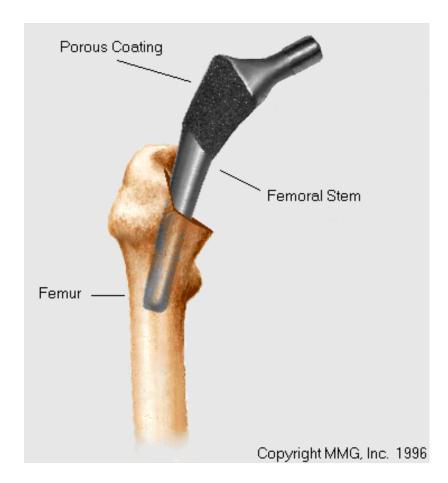


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 Reaming/broaching of femoral component

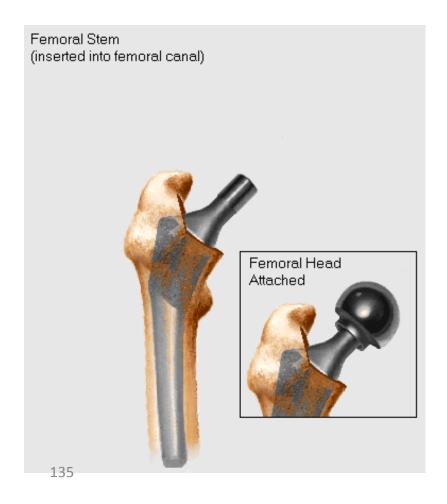


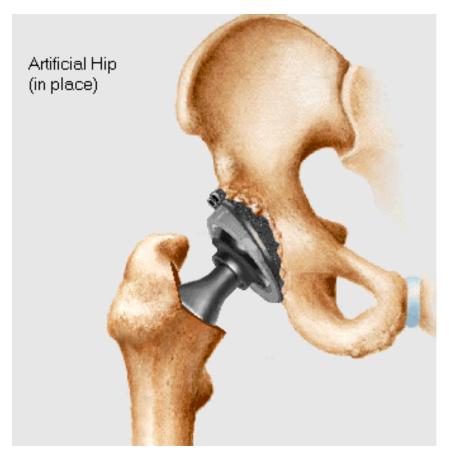
Insertion of femoral component



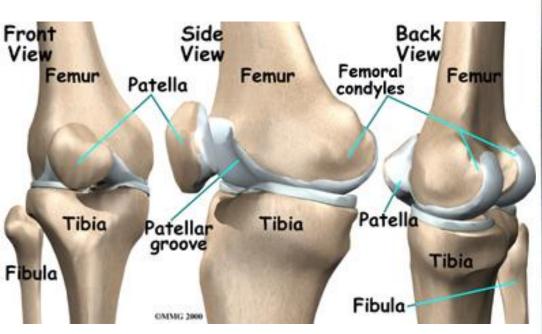
Femoral head impaction

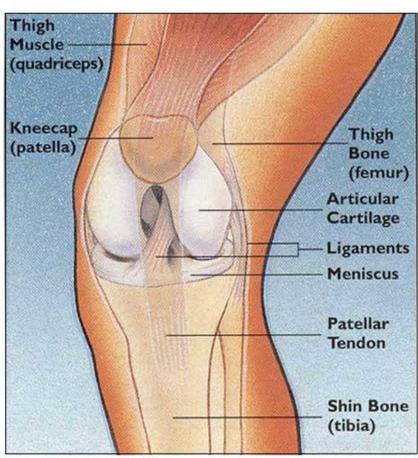
Final implant





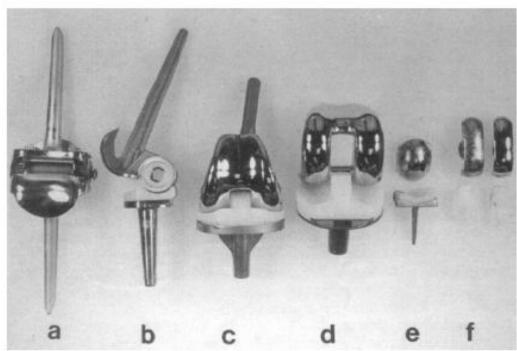
Anatomy—Knee





Normal Knee Anatomy

تعويض مفصل زانو



(a): مفصل لولايي فلزي

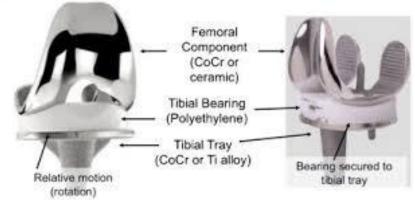
(b): لولا شده با پوشش

(c): تثبیت داخل کانالی

(d): تعويض سطح،

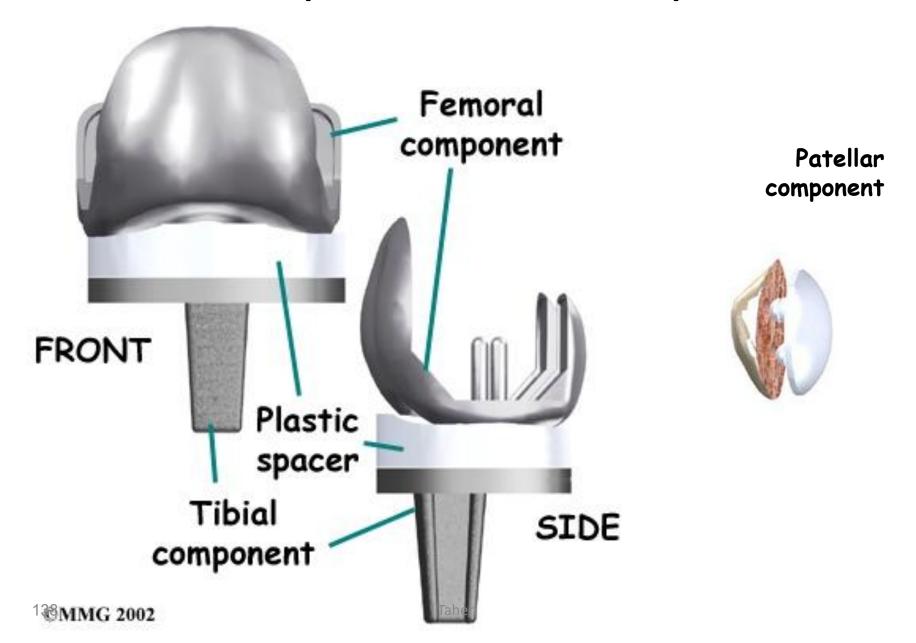
(e): تعویض تک بخشی

(f): تعویض دو بخشی

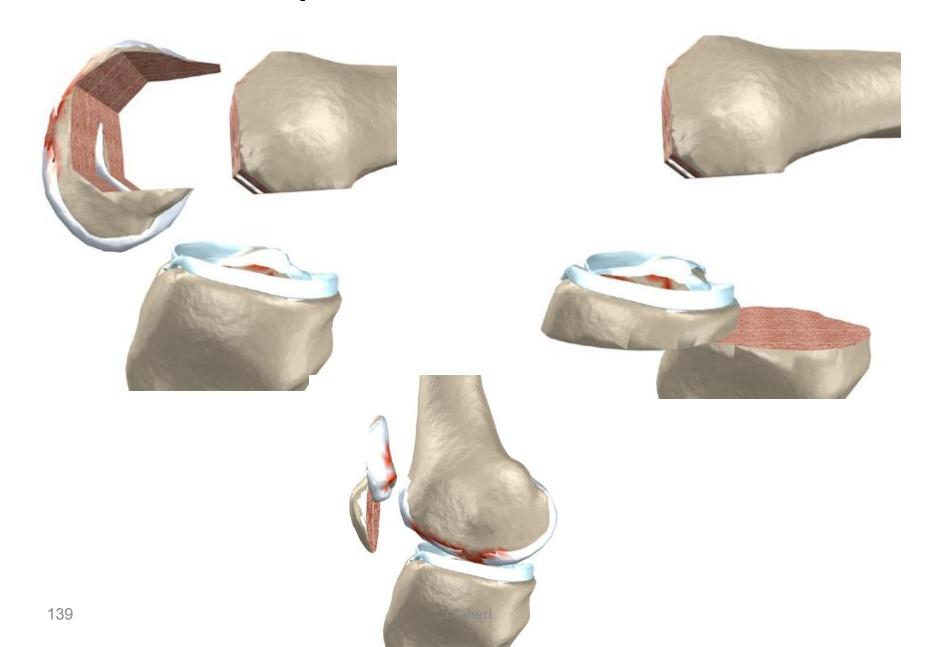


I.Taheri Mobile Bearing Fixed Bearing

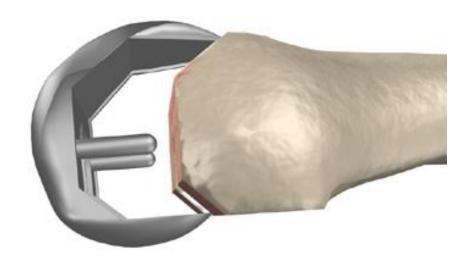
Knee Replacement—Implants

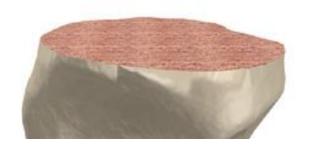


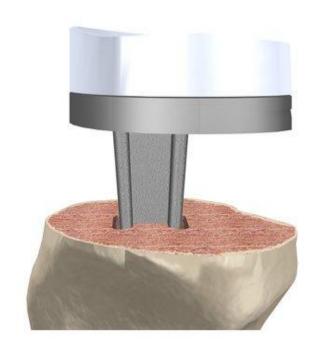
Knee Replacement—Bone Cuts



Knee Replacement—Implants

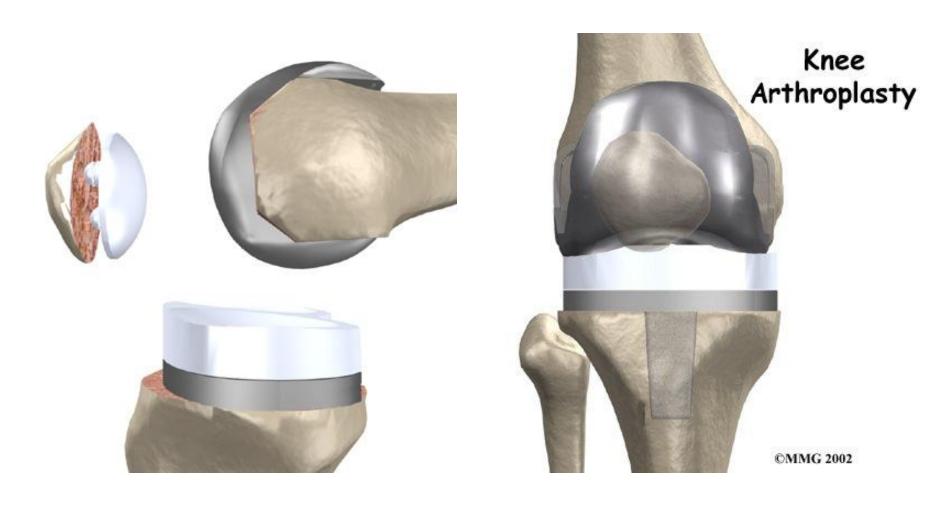






l.Taheri

Knee Replacement—Implants



Bone Grafts Bone Transplantation

- Both bone autograft and allografts are used for bone defect reconstruction
- Bone xenografts are not used nowadays because of sequester of all viable osteocyte
- Cortical or cancellous bone graft
- Revascularization of cortical grafts may take a few months
- Revascularization of cancellous bone grafts are more rapid
- Healing of vascularized bone grafts are better. Particularly suitable in a field after trauma, cronic scarring, or prior radiation. Biomecanically are superior to nonvascularized grafts

Bone Graft Donor Areas

- Cranium (cortical)
- Thorax (split rib grafts)
- İliac (good quality cortical and cancellous bone source)
- Tibia (cancellous)
- Others
 - Distal radİUs, proXimal ulna (hand surgery)
 - Fibula (esp. vascularized flap)
 - Metatars

- Available in various forms
 - Processing methods may vary between companies/ agencies
- Fresh
- Fresh Frozen
- Freeze Dried

Fresh

- Highly antigenic
- Limited time to test for immunogenicity or diseases
- Use limited to joint replacement using shape matched osteochondral allografts

- Fresh frozen
 - Less antigenic
 - Time to test for diseases
 - Strictly regulated by FDA
 - Preserves biomechanical properties
 - Good for structural grafts

- Freeze-dried
 - Even less antigenic
 - Time to test for diseases
 - Strictly regulated by FDA
 - Can be stored at room temperature up to 5 years
 - Mechanical properties degrade

- BONE CEMENT
 Acrylic cement is used for the fixation of total joint prosthesis
- The cements used in orthopedic surgery are combination of prepolymerized PMMA solid particle and the liquid monomer
- The powder particles are sphere (30 to 150) μm in diameter), molecular weight of 20,000 to 2 million
- For the reaction to occur, prepolymerized PMMA needs to contain an initiator, dibenzoyl perioxide (BP)

BONE CEMENT

- The liquid monomer contains the activator N,N-dimethyl-p-toluidine (DMPT)
- The monomer will polymerized on its own when exposed to light or heat.
- To prevent to monomer from polymerizing, the liquid generally contain an inhibitor or retardant, hydroquinone- function to absorb free radical that may occur and initiating the polymerization